

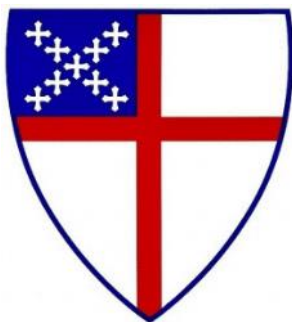


# THE ANCHOR

MARCH 2019

*St. Clement's by-the-Sea*  
EPISCOPAL CHURCH

Welcoming all since 1929



**Member, Anglican  
Communion**

## **PARISH MISSION:**

*Follow Christ through the  
way we live and love,  
spreading the good news  
of God in Christ, opening  
our hearts to all, and  
experience and spread  
joy in the process.*



**"This Church of  
Ours is Open To  
All...There Will  
Be No Outcasts."**

-The Most Rev. Edmund  
Browning Emeritus  
Presiding Bishop



## **Reset...**

Recently, I had the deeply troubling experience of having to reset my "smart" phone. How terribly dependent I've become upon it! I worried before hitting that "reset to factory settings" button. What will I lose? Everything: my contacts, my texts, my calendar, my mind! In the end, I did lose significant amounts of information, but nothing that has kept me from living a full and complete life. However, if you do send me a text and I respond with "who is this?" Please don't be upset. I did lose the connection between those numbers and their respective names. It'll all get sorted in time, I'm sure.



In many ways, the season of Lent is like hitting that "reset to factory settings." Every year we give ourselves the opportunity to do some self-examination, to reorient our lives back toward God (which is the literal meaning of "repentance") and to reprioritize what really matters. Lent then is a gift, something to be embraced rather than avoided. This is the season to recall by whom and for what we were created, and to eliminate that which cluttered up our operating system, like all those images, emails, downloads and apps on our phones that slow their performance.

Lent starts in a substantial way. Ash Wednesday is exceedingly significant. When else do we do something so dramatic as putting ashes on our foreheads, as an outward sign of our inward desire to return to God (and God's ways). Here we join in an ancient rite, with those who have worshipped God for millennia, and have done this very thing as an outward sign of their inner desire. If you've not embraced Ash Wednesday in the past, I hope this year will be different. Would it be that as God gazed upon our fair city that he would see everyone with such holy desire.

Of course, our Lenten journey is a representation of Jesus' forty days in the "wilderness" where he contented with Satan. On one level, this is the very struggle we all have, as we contend with those very human desires for possessions, power, our own way, and that which may fill the belly but does not feed the soul. On another level, it is the seemingly eternal struggle against those "spiritual forces of wickedness that rebel against God" as we say in our Baptismal Covenant. In my experience, both are real, the interior and the exterior.

*...Continued on next page*

Our Lenten journey helps us to know we can depend upon Christ and his strength when temptation has gotten the better of us.

Jesus commends at least three things for us in this holy season: prayer, fasting and almsgiving. Prayer and self-reflection are of course an excellent place to start, when we want to return to God. If you think that you are not a natural at prayer, know firstly that all prayer is good prayer, and prayer doesn't have to be structured or be "perfect" in order to be efficacious. Secondly, know that we have prayer resources, including several retreats happening this season which can open you up to new prayer possibilities. Praying with others can be a real gift, especially when we don't know what how to start.

Fasting hardly sounds pleasant, but there are many kinds of fasts, and generally they are helpful to our desire to put God in the central place in our lives. Scripture tells us that Jesus fasted these forty days. To fast literally is to open oneself up to experiencing the hunger that many experience every day. That can make us more responsive to the needs of others. Or perhaps, "living more simply may make it possible for others to simply live" to paraphrase Mahatma Gandhi. This too has value. On a spiritual level, to give up something for a season is to ensure that we have not allowed that thing to become an idol. That is to say that we haven't become overly dependent upon it or put it in the place of God.

You do have to be careful with fasts. You might give up something for Lent and find that you've given it up for life, or at least for a long time. Once, I gave up meat for a while. I think Lent prepared me to do that as some folk give up meat for Lent or at least on Fridays in Lent. This is where we get the word "carnival" which precedes Lent, the word means meat goes bye-bye. I wound up being a vegetarian for eleven years! Another year, I gave up caffeine. That too lasted many years. I've since returned to eating poultry and fish. And I tend to drink several cups of strong coffee a day. I'm happy, even if I'm not 100% healthy probably. But, those experiences were meaningful in the way I thought about God, creation, food and relationship.

What of almsgiving? As mentioned above, our simplified living could provide resources for those who have very little. I.e. if I give up my beloved California Zinfandel for Lent, accumulate what I would have spent upon it and then donate that money in order that those who need their daily bread get it, that seems a reasonable fast and almsgiving. Lent is about working for a more just world. That our inward desire for God, and recognizing his great mercy upon us, should manifest itself in our compassion toward the world, that's a good thing. Loving God is inextricably linked with our love of God's other children. We show ourselves a people not just outwardly smudged (with ashes) but truly inwardly changed.

In whatever way your prayer, fasting and almsgiving manifests itself in this season, I do pray for you a holy Lent. May this be for all of us a time of honest self-reflection. May our desire for a more Christ-like existence transform our Church, our lives, even the whole of Creation (or at least our care of it). May this desire create hope and joy within ourselves, not self-pity or spiritual or emotional self-flagellation. As a beloved, spiritual guru once said, "darens't thou diss thyself." That is to say, don't put yourself down, that is not what Lent is about. Rather this is a season of inward renewal and transformation.

Yours in Christ,  
Fr. Patrick



# A S H

## W E D N E S D A Y

ST. CLEMENT'S BY-THE-SEA EPISCOPAL CHURCH

# March 6th

**7:00 a m**

Service in English with imposition of ashes.

**12:00 p m**

Service in English with imposition of ashes.

**6:00 p m**

Misa en Español, con la imposición de cenizas.

202 AVENIDA ARAGON  
SAN CLEMENTE CA 92672

P: 949.492.3401 E: [INFO@SCBYTHESEA.ORG](mailto:INFO@SCBYTHESEA.ORG)

## - Bikes for Mara -



Priests in Diocese of Mara, Tanzania, receive bicycles to assist them in serving their various parishes. Pictured (among others), the Rt. Rev. George Okoth, who Fr. Patrick met while on his Holy Land pilgrimage last Fall. St. Clement's provided funds for two of those bicycles through Fr. Patrick's discretionary fund.





# March 8th | 5pm-7pm

**Cost: \$10.00**

St. Clement's will be hosting a Fish Fry on March 8th! Bring a friend and stop by for a delicious fried fish dinner.

## Each Dinner Includes:

Fried Fish

Peas

Cole Slaw

Bread

Cookie

Drink

ST. CLEMENT'S BY-THE-SEA EPISCOPAL CHURCH  
202 AVENIDA ARAGON, SAN CLEMENTE CA 92672



The Southern California C.S. Lewis Society Presents:

# The Pacific Inklings Festival

and General Meeting

Saturday, March 9<sup>th</sup> , 9:00am–3:00pm  
Heath Building 100 & The Great Commission Hall  
Vanguard University  
55 Fair Drive, Costa Mesa, CA

Featured Speaker:

## Sørina Higgins

Editor of *The Inklings and King Arthur*  
Keynote Address: "The Inklings Among Other Arthurs"

Other speakers will explore the Inklings  
Merchants of Rare & Exotic Wares will be present on the Lawn

\$5 Admission at the door  
Free with student ID  
Cosplay is encouraged!

### Call For Papers:

In addition to a keynote speech, awards presentations, cosplay, vendors, and festive fellowship, the Pacific Inklings Festival would like to offer its attendees a few select talks by noteworthy Inklings scholars. Therefore, we invite submission of proposals for 5-page papers on the following topics. Please bear in mind that the selection process will be rigorous, as only a few papers will be chosen.

Suggested topics:

- **The Inklings Among Other Moderns:** How were Lewis, Tolkien, Williams, Barfield *et al* engaged in literary dialogue with their “modernist” contemporaries?
- **Bright Drops of Spilled Religion: The Inklings and Romanticism.** In what ways did these writers reinvent Romanticism for their own age?
- **Inklings in the Digital Age.** How are the works of these writers continuing to survive and thrive as they are adapted into the age of the internet, VR, video games, film franchises, and choose-your-own-adventure TV series?

Please send your proposal to [drjimprothero@gmail.com](mailto:drjimprothero@gmail.com) by Feb. 14th, 2019.

### Invitation to Vendors:

If you would like to sell your Inklings-related books, art, music, merchandise, etc., at the Pacific Inklings Festival, please contact [drjimprothero@gmail.com](mailto:drjimprothero@gmail.com) to make arrangements.



## - 5 Key Considerations for Your Estate Plan -



Maintaining your estate plan can feel overwhelming when faced with all the changes life can bring. Calling your attorney may not be your first instinct when you're faced with a significant shift in income, investments, or employment, but consulting with us is a wise way to ensure your legal health is always maintained. Read on for five events that should capture your attention and prompt you to reach out to us for some personalized advice.

### **1. You've opened a new retirement account or established a new retirement plan.**

As we all know, planning for one's retirement is crucial. The peace of mind provided by a solid retirement plan is irreplaceable. The way you and your financial advisors choose to structure your retirement plan and invest your retirement assets will vary, as they are designed to meet your particular needs, wants, and goals. Keep in mind that if you open a new account, your estate plan will need to be reviewed and possibly updated as well. A new taxable investment account may need to be "funded" into your trust. If you've set up or started contributing to a tax-deferred account, such as a 401(k), IRA, Roth IRA, employee stock ownership plan, or another type of retirement plan, contact us about your estate plan, too, since we want to be certain that your beneficiary designation is exactly what you intend.



### **2. You've started a new job.**

Congratulations! A new professional opportunity is exciting, and it is accompanied by plenty of financial change. As we've seen above, taking a new retirement plan or account into consideration is quite important, and a new company often means a new account. You may also have new employer-sponsored life insurance, so it's important to seek our help to verify that your life insurance beneficiaries remain up to date.

### **3. You've kept the same job.**

Even if this year finds you in the same job as last, open enrollment for life insurance from last fall is now in full effect. This means that verification of your life insurance beneficiaries and retirement plan benefits is also in order. We can help ensure that everything is as it should be.

### **4. You have teenaged children.**

Your child's 18th birthday is not only a rite of passage but also a significant change in legal status and planning needs. Be sure to schedule a meeting with us to learn what you and your teen need to do as your teen becomes an adult.

### **5. You started a business.**

Whether you've fully jumped in or kept your day job, starting a business is a bold step! It's in your best interest to take precautions to ensure your business is fully protected. In addition to the business entity issues, tax planning, and growing your business, there are estate planning implications with a new business. We can help you coordinate your new business with your estate plan.

We are here to help and to ensure the health of your estate. Let us bring our attention, experience, and care to the big changes in your life. Together, we can develop or enhance your estate plan to meet your goals and secure your family's future.

*Lent* IS A TIME TO  
**GROW**  
CLOSER TO JESUS

St. Clement's by-the-Sea | Christ Lutheran

*THE PRAYERS OF OUR HEART  
LAS PLEGARIAS DE NUESTRO CORAZÓN*

WITH THE REV. ELIZABETH RECHTER

*March 10, 2019 | 2:00pm - 8:00pm*

at Christ Lutheran Church  
35522 Camino Capistrano  
San Clemente, CA 92672

COST: \$30 (INCLUDES DINNER AND MATERIAL)

Please RSVP by March 3rd. The retreat is  
multi-generational and bilingual, so don't forget to  
invite your friends and family to join!

*Please contact Mo. Norma with any questions: [normayanira@yahoo.com](mailto:normayanira@yahoo.com)*

## - Something for Everyone -



**Educated**  
by Tara Westover

**Tuesday, March 5th**  
5:00pm at Rocco's in San Clemente



For more information, please contact: Mary Ann Morrison at (949) 361-0031



### **Sandwich Making for the Welcome Inn**

Please join us in the Parish Hall on

**Sunday, March 17th at 9:00am**

to help make sandwiches and sack lunches for those in need!



**Note: Anchors Potluck Supper Club will NOT be meeting in March.**

*In lieu of our monthly potluck, we encourage you to join us in supporting St. Clement's at the Fish Fry on March 8th between 5:00pm-7:00pm!*

Please contact Pat Sawyer (sawlp@sbcglobal.net) with any questions or if you would like to sign up as a host in 2019!



### **Social Justice Book Club**

***Note: The Social Justice Book Club will NOT be meeting in March. We look forward to having you join us On April 11th to discuss "Barking to the Choir: The Power of Radical Kinship" by Gregory Boyle.***

Questions? Please contact Jan Geneviro at [outreach@scbythesea.org](mailto:outreach@scbythesea.org).

ST. CLEMENT'S BY-THE-SEA | CHRIST LUTHERAN

# Joint Lent Sessions

## *Art & Prayer*

### *6:00pm-7:00pm*

*Every Thursday in Lent, following the  
St. Clement's/Christ Lutheran Joint Retreat  
(except Maundy Thursday)*

**March 14**

Christ Lutheran

**March 21**

Christ Lutheran

**March 28**

St. Clement's

Exploring Art & Prayer through Watercolor  
led by: Jim Prothero

**April 4**

St. Clement's

Exploring Art & Prayer through Writing  
led by: Jim Prothero

**April 11**

Christ Lutheran

*Please contact Mo. Norma with any questions:  
[normayanira@yahoo.com](mailto:normayanira@yahoo.com)*

## - Outreach News -



### Supporting St. Clement's Outreach Activities in 2019

St. Clement's parishioners have generous and loving hearts, as demonstrated by our care for each other and the community around us.

The Vestry is deeply committed to the parish's Outreach work. This year we are taking a different approach to supporting Outreach activities. As was announced at the Annual Meeting in January, the parish budget for 2019 does not include any funds for Outreach. This painful decision was reached by the Vestry for two main reasons: first, as part of efforts to balance the parish budget, and second, as part of a process to engage more of us with Outreach activities and to help determine future Outreach priorities. (If you have any questions about this decision, please contact me at [janice.genevro@gmail.com](mailto:janice.genevro@gmail.com).)

This article describes current Outreach activities and ways to support them, and also some next steps the Outreach Committee is planning for later this year.

### Current Outreach Priorities - We need volunteers and your support!

The Outreach Committee has prioritized these activities:

- ⇒ Laundry Love
- ⇒ San Clemente Military Family Outreach (SCMFO)
- ⇒ Making bag lunches for members of the community who are homeless, as part of the Welcome INN's food distribution program
- ⇒ Social Justice Book Group with members of St. Edward's Catholic Church

**\*There are many ways to get involved and support these activities with time, talent, and treasure\***

**To raise funds for overall Outreach activities, we are holding a fundraiser in June.**

# Flamenco Fiesta!

**All proceeds to benefit  
St. Clement's Outreach Projects**

**JUNE 2ND  
1PM-5PM**

at the home of Judy & Mark Johnson

Join us for an afternoon of BBQ, drinks,  
desserts, and a fabulous performance  
by well-known Los Angeles dancer  
Jessica Pacheco!

**Only 50 tickets available. Buy yours today!**  
**\$50.00/person**

Tickets available during Coffee Hour (dates  
TBA) or online at [www.scbythesea.org](http://www.scbythesea.org)

*For more information, please contact Judy Johnson:  
949.422.8210 or [jjohnson120@cox.net](mailto:jjohnson120@cox.net)*



## - Outreach News -



There are also ongoing opportunities to volunteer and donate.

### Laundry Love

Volunteer: Third Wednesday of every month (see announcement)  
Donate: Monthly first Sunday collections for Laundry Love during Coffee Hours  
Charity bingo event at Goody's Tavern (date to be announced)

*Point of contact: Tina English*

### SCMFO

Volunteer: Collect baby clothes for Mary's Feast in early December (for distribution at the annual SCMFO baby shower)  
Donate: Collection for school supplies in late Spring for the San Onofre base school  
Charity bingo event at Goody's Tavern (date to be announced)

*Points of contact: Mark Pocino or Tina English*

### Bag lunches for the Welcome INN

Volunteer: We are looking for an overall coordinator for this activity!  
Each service prepares bag lunches once every 3 months; volunteer to shop and/or coordinate sandwich-making at your service

*Point of contact: Jan Genevro*

### Social Justice Book Group

Please join us! Books are announced in the *Anchor* and e-blasts. Third Thursday of every month at 7 pm in the St. Clement's Library

*Point of contact: Jan Genevro*

### Next Steps: Upcoming Event

Stay tuned! The Outreach Committee is planning to host a parish-wide event after Easter to get input on potential activities and priorities for 2020.

*Point of contact: Jan Genevro*





St. Clement's by-the-Sea

# **CELTIC MASS**



in honor of St. Patrick

## **MARCH 17TH**



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## - Annual Women's Lenten Retreat -



**Saturday, March 23rd**

**8:30am to 2:00pm**

**St. George's  
Laguna Hills**

# **Bishop Bruce's Annual Women's Lenten Retreat**

*"Divine Encounters: How God Got My Attention."*

**Our guest leader will be Sr. Greta Ronningen  
from the Community of Divine Love.**

*"Possibly each of us have had moments in our life when we clearly felt the presence of God. These moments might be little whispers during Holy Eucharist or unforgettable mystical encounters that change the direction of life. These sacred experiences are precious, to be cherished, held like jewels in our hearts.*

*Much of life is filled with distraction and effort rather than the peaceful and profound awareness of God's presence. During this retreat we will explore and savor our sacred memories and honor them as a source of refuge in challenging times. Where and when are you most aware of God's presence?"*

## - Amanda Harris Recap -



*A huge “Thank you!” to all who performed at and attended the Harris Voice Studio Winter 2019 Recital!*





*Arts and crafts workshop for the community to express art, creativity, and discuss emotional wellness topics.*

*At no cost to participants.*

**March 23rd, 2019 | 11:00 a.m. - 2:00 p.m.**

**St. Clement's by-the-Sea Episcopal Church**

**202 Avenida Aragon, San Clemente, CA 92672**

**For more information, contact Hiromi Minakata at (714) 542-7792**

- Join us for a light lunch, art workshop, and a discussion about mental health and wellness.
- This event is intended to provide an opportunity for everyone in the community to come together and express themselves through art.
- Participants have the opportunity to showcase their art in the workshop.



**Funded by: OC Health Care Agency (OCHCA), Behavioral Health Services, Prevention & Intervention, Mental Health Services Act/Prop. 63**

# Bold Integrity: Lions, Devils and Theologians

## C.S. Lewis & Karl Barth



**Saturday, March 30, 2019 • 9 am to 12 pm**  
**Emmaus Spiritual Ministries • 434 S. Batavia Street, Orange**  
*Fee: \$40 • Presenter: James Prothero, PhD*

During the darkest days of World War II, C.S. Lewis spoke on Christianity at a time when bombs were falling, and people were face-to-face with their mortality. His approach was unique: first, though a brilliant scholar, he spoke in the language of everyday people; second, he didn't boldly assert Christianity like a contemporary, Karl Barth, but instead started out where people really were with their doubts and misunderstandings. And lastly, through his talks, and through his fantasy writing, he painted a metaphorical picture that allowed every man, woman and child to grasp faith. Today scholars still read Barth; however, everybody reads Lewis, young and old, educated or not.

*James Prothero, MFA, PhD, is a scholar, writer, and lecturer living in Orange County. He is Director of the Southern California C.S. Lewis Society and co-author of Gaining a Face: The Romanticism of C.S. Lewis. Dr. Prothero teaches at Santa Ana College and Vanguard University and is a professional watercolor painter.*



### FOR INFORMATION & TO REGISTER:

Call (714) 744-3172, email [Emmaus@csjorange.org](mailto:Emmaus@csjorange.org)  
 or go online at: [EmmausSpiritualMinistries.org](http://EmmausSpiritualMinistries.org)

A Ministry of the Sisters of St. Joseph of Orange • 434 South Batavia Street, Orange, CA 92868-3907

## - March Birthdays -



1-Carolyn Ferreira  
2-Bill Green  
7-Teresa Hite  
8-Lauri McIntosh  
10-Jack Hattem  
11-Jane Fladd

13-Katie Golay  
15-Olga Harris  
20-Robert Kensler  
22-Pam Kerr  
23-Sergio Lovell  
25-Tom Fahney

29-Trevor Allen  
29-Audrey Daigle  
29-Jan Genevro  
30-Gloria Jean Rodriguez  
31-Leo Gibbons



## - March Anniversaries -



26-Juvenal Delgado & Diana Olmedo  
26-Russ & Tina English  
27-Russ & Pam Kerr



Bible Studies



Every Wednesday  
in the Library

11:00am (English)  
6:00pm (Spanish)

Centering Prayer

Centering Prayer Group

Every Monday at 6:00pm in the Library

For more information,  
please contact Matt Duncan:  
[morphix1@cox.net](mailto:morphix1@cox.net)

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# *St. Clement's by-the-Sea* EPISCOPAL CHURCH

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## **San Clemente's First Church**

*Welcoming all since 1929*



### **SUNDAY WORSHIP**

8:00am Holy Communion Rite I

10:00am Holy Communion Rite II with Choir, Nursery, Sunday School

12:00pm La Misa en Español

202 Avenida Aragon  
San Clemente, CA 92672

### **OFFICE HOURS**

Monday—9:00am-1:00pm

Tuesday-Friday—8:00am-1:00pm

Phone: 949.492.3401

E-mail: [info@scbythesea.org](mailto:info@scbythesea.org)

Website: [www.scbythesea.org](http://www.scbythesea.org)

The Rev. Patrick Crerar, Rector